



Montessori Practical Life Age Chart

Toddler Tasks

- Help prepare snacks
- Help with dishes (unload and load dishwasher)
- Help set the table
- Help feed pets
- Pick up toys
- Put books back on the bookshelf or in a basket
- Throw trash away
- Help with laundry- put in and taking out of washer/ dryer
- Hanging clothes to dry
- Fold washcloths/ napkins
- Sweep small areas (with small broom)
- Pick out clothes to wear

Age 3-6 Tasks

- All previous chores plus...
- Sweep
- Help vacuum floors
- Help prepare meals and snacks
- Set and clear table
- Helps wash dishes
- Feed pets
- Clean mirrors and windows
- Make their bed
- Laundry: sort items, hang to dry, help fold
- Tend to the garden
- Tidy their room
- Polishing silver
- Wiping the table before and after meals

Age 7-10 Tasks:

- All previous chores plus...
- Take out the trash and recycling
- Wipe down bathroom sinks and tubs/ showers
- Prepare small family meals (parent staying in kitchen for help and supervision)
- Mop and vacuum more thoroughly
- Dust thoroughly
- Help with lawn care

Age 11 and Up Tasks:

- All previous chores plus...
- Do their own laundry
- Help build and repair things
- Mow the lawn
- Help write out a weekly meal plan
- Help prepare and cook larger meals
- Children of this age are capable of learning and helping with most grown-up task with instruction and supervision at first.